

Other registration details

Question and answers

If you have a question that you would like addressed on the day, please complete below or email to Anna D'Arcy at anna@mynutritionclinic.com

Question:

Privacy

Your privacy is respected. Personal information you supply on this form will only be used by My Nutrition Clinic to process your registration for and to inform you of future workshops of similar interest.

I do not wish to be contacted by My Nutrition Clinic about future similar events.

Please return form to:

My Nutrition Clinic at Bond Institute of Health and Sport
2 Promethean Way, Robina 4226
Telephone: (07) 55338866 Fax: (07) 56769600
Email: admin@mynutritionclinic.com

Location

Robina, Gold Coast 4226

Parking and transport

There is plenty of free parking available. Bus routes are available to the venue. The nearest train station is Robina.



Workshop enquiries

For any enquires, email Anna D'Arcy at anna@mynutritionclinic.com

or call 07 5533 8866



Nutrition Masterclass

Optimising Health and Quality of Life

Dates

Nutrition in Chronic Conditions
8 CPD hours from ACN
Friday 4th May 2018 | 8am-5pm

Nutrition in Aged Care
10 CPD hours from ACN
Friday 17th August 2018 | 8am-5pm



These workshops are endorsed by ACN according to our Continuing Professional Development (CPD) Endorsed Course Standards. It has been allocated CPD hours according to the *Nursing and Midwifery board of Australia – Continuing Professional Development Standards*

Comprehensive training in nutrition

My Nutrition Clinic is hosting two update days focusing on nutrition in a range of medical conditions relevant to aged-care and chronic diseases.

The days include presentations from specialist dietitians, speech pathologist, wound nurse and diabetes educator covering recent updates to research and the practical application of this advice with your patients.

The workshops are for health professionals working in aged-care, GP practices and community health settings. Kitchen staff and chefs working in aged-care and hospitals have also benefited from this training through greater understanding of the diseases they are catering for.

Nutrition in Chronic Conditions – 8 CPD hours Friday 4th May 2018

Successful weight management: Raise the issue of weight confidently and learn behaviour change techniques

Dementia and Parkinson's Disease: Nutrition issues and the dietary strategies that can help reduce and manage symptoms

Nutrition in kidney disease: Dietary strategies to protect the health of the kidneys

Nutrition for the gut: Nutrition strategies to manage gastrointestinal disorders

Reduce chronic pain through diet: Evidence based nutrition strategies to assist in pain management.

Type 2 Diabetes management: Current guidelines for adults and basics strategies to improve glycaemic control

Dietary management of dyslipidaemia: The effect of dietary fats and phytochemicals on blood lipids and cardiovascular health

Allergy in infants and children: The signs and symptoms of a possible food allergy or intolerance and children at nutritional risk

Extreme food refusal in infants and children: Practical strategies to manage fussy eating and extreme food refusal

Registrations

Cost for each workshop

- Full cost : \$195
 - Early-bird discount for : \$165 (register 30 days beforehand)
 - My Nutrition Clinic clients*: \$165
- *Aged Care facilities, hospital staff or primary care referrers

Inclusions

Refreshments throughout the day and a copy of all the presentations

Nutrition in Aged Care – 10 CPD hours Friday 17th August 2018

On the stool: Dietary adjustments to better manage IBS, Inflammatory Bowel Disease, bloating, diarrhoea and constipation

Hung out to dry: PEG feeding tips and Enteral Feeding trouble shooting

Obesity in Aged Care: BMI guidelines for older adults

Skeletons in the closet: Malnutrition and Nutrition screening. Supplement review and taste test.

Hard to swallow: Dysphagia. Thickened fluid review and taste testing

Just a touch of sugar: Diabetes dietary guidelines and practical strategies for blood sugar control

Medical Nutrition Therapy: What to recommend and when to hand over to a dietitian

Gory Endings: The role of nutrition in pressure ulcer prevention and wound management

Registration form

TAX INVOICE

ABN 67281767606

This form becomes a tax invoice for GST purposes on completion of payment. Please keep a copy for your records. PLEASE USE BLOCK LETTERS.

Title: _____ Surname: _____

First names: _____

Mailing address: _____

Postcode: _____

Phone (daytime): _____

Email: _____

Dietary requirements: _____

I enclose the registration fee of:

\$ _____

For: Nutrition in Aged Care

Nutrition in Chronic Conditions

Payment options:

Cheque payable to:

My Nutrition Clinic Pty Ltd

Credit card payment: Visa MasterCard

Amount: \$ _____

Name on card: _____

Card number: _____

Expiry date: ____/____/____ CVV: _____

Signature: _____

Payments can also be taken over the phone